



May 8th, 2020

Moving towards Level 2 – what this means

Good afternoon,

I have no doubt you are all keeping informed of the regular news updates regarding the alert levels and what this means for New Zealand as a whole and the individual sectors. We are still at level 3 and awaiting the announcement on Monday as to whether we will shortly move to level 2. At this stage, the timeline sent through to you still stands and is briefly outlined below along with other key information to keep you aware of what is currently in play here at QRC.

Well done to everyone on the collective effort the nation made to be good citizens and work towards the greater good.



Alert Levels: If we get the predicted announcement on Monday 11th May that the country will revert to level 2 status, it is likely this will come into effect by the end of next week. QRC has already scheduled online learning to continue until Tuesday the 19th May to ensure minimal disruption to the teaching schedule. Please continue to focus on your study during this time and look forward to enjoying the mid-term recess scheduled to begin on Wednesday 20th May.



Mid-Term Recess: The mid-term recess has been implemented to provide a necessary break from the demands of online teaching and study allowing you to return to on-campus learning refreshed and regenerated for the rest of term. Please be aware the need for this mid-term break was also to enable relocation to Queenstown. However, given the tight scheduling of our term times, there **WILL NOT** be an additional end of term recess as per normal. The April term will effectively run two weeks later than originally planned with **EXAM WEEK** taking place from 29th June – 3rd July. The July term is currently due to commence on Wednesday 8th July.



Accommodation: QRC Lodge and Shotover Lodge will be open to welcome all residents back when Alert Level 2 comes into effect. We do encourage you to complete your online study at your current place of residence and put plans in place to return to Queenstown during the mid-term recess. If you will be residing at either QRC lodge or Shotover lodge upon your return to Queenstown, as soon as your travel plans are confirmed please complete and submit this [FORM](#) so that we can best plan for the influx of residents. Upon arriving back at the lodge, and prior to checking in, there will a requirement for a brief health check. Your temperature will be taken, and you will be asked several questions to declare your health status. This will take place at the **main entrance** so please ensure this is your first entry point at either lodge. Your compliance with this is appreciated to best enable us to protect the halls of residence.

At level 2 both lodges will be open only to current residents and staff. There will be **no external guests** allowed on-site. This helps us to ensure strict contact tracing ability. Please be aware that the terms and conditions of your residency have been updated to reflect the additional procedures and protocols required to operate safely at level 2. We ask you to be respectful of all requests made for the good intent of the QRC community.

At level 2 your lodge fees will return to normal schedule.

7 Coronation Drive, PO Box 1566, Queenstown 9348, New Zealand

☎ 03 409 0500 ✉ info@qrc.ac.nz 🌐 www.qrc.ac.nz



 **Key Action Areas:** While we still await direct application of the level 2 requirements to the education setting there are already some very clear indications. The focus remains on exceptional personal hygiene and cleaning standards and solid contact tracing records. Where possible, QRC will operate within the confines of an exclusive staff and student's population and all facilities are considered 'controlled environments'. In areas designated as such, people should be encouraged and enabled to maintain physical distancing of 1 meter, where possible. If this is not a viable possibility, we will encourage the rule of remaining outside of someone's breathing space & refraining from touch. All the steps in place at level 2, to continue the successful battle against COVID-19, rely on everyone playing their part. It is a very real expectation on our students that they will endeavour to be responsible citizens. While we are returning to a 'safer normal' it certainly is not business as usual.

 **Proactive Health:** Where possible, we would highly recommend opting for the seasonal flu vaccination before returning to campus. 'Fresher Flu' & the change of season will undoubtedly see the normal colds and ailments return which are common to this time of year. All symptoms of illness will, in the first instance, be treated with high caution until any risk is negated. To minimise any disruption to your study and general lifestyle it is important to plan to be well. Enrolling with a local medical practice such as Queenstown Medical Centre is also highly recommended if you have not already done so, as there is a 24-hour waiting period to access the lower price bracket for doctor visits after enrolling. If you wait until you are sick this can become problematic.

Now is a great time to look after yourself. Eat well, get enough sleep, stay warm (there have been some good frosty mornings here already during lockdown), exercise regularly and continue washing your hands – a lot.

 While we have made great ground to date, we are still all living in an altered reality which is slowly becoming our new normal. A quick reminder to look after your headspace and that there are networks available should you need someone other than friends & whanau to help:

- your GP or local community health centre
- Youthline [0800 376 633](tel:0800376633) www.youthline.co.nz
- [Need To Talk](#) by calling or texting [1737](tel:1737)
- Student services here at QRC

Updates will be forthcoming following Monday's announcement but until then, please do not hesitate to be in touch with any questions or concerns. Please remember to share this information with those who care about you!

Kind regards

A handwritten signature in black ink that reads 'Lynsey Bullock'.

Lynsey Bullock
Student Services Manager

7 Coronation Drive, PO Box 1566, Queenstown 9348, New Zealand

 03 409 0500  info@qrc.ac.nz  www.qrc.ac.nz